

## KERN COMMUNITY COLLEGE DISTRICT

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### **CLASS TITLE:     ATHLETIC TRAINER/PROGRAM DIRECTOR**

#### **BASIC FUNCTION:**

Under the direction of an assigned supervisor, direct the athletic training/sports medicine program of a college including coordinating and training student athletic trainers in the areas of prevention, evaluation, rehabilitation, first aid and emergency care for athletic injuries; perform a variety of skilled services in the prevention, treatment and rehabilitation of athletic injuries.

#### **REPRESENTATIVE DUTIES:**

Plan, coordinate and supervise the administrative components of an athletic training/sports medicine program at a college including health care services (physical examinations and health screening, first aid and emergency care, follow-up and rehabilitation), training room management, therapy and rehabilitation room management. *E*

Coordinate the training and use of student athletic trainers in the areas of prevention, evaluation, rehabilitation, first aid and emergency care for athletic injuries; coordinate travel arrangements and assist in transporting student trainers and first aid and emergency care equipment to out-of-town athletic events. *E*

Identify injury or illness risk factors associated with participation in competitive athletics and team sports; plan and implement various components of a comprehensive athletic injury/illness prevention program; establish protocol for a medical team approach to student and athletic injuries. *E*

Conduct an initial clinical evaluation of injuries commonly sustained by athletes or students; administer appropriate first aid and emergency care for sustained injuries; make referrals as appropriate to physicians or student health center for diagnosis and medical treatment.

Provide appropriate first aid and emergency care for acute athletic injuries or illnesses according to accepted standards. *E*

Coordinate and implement a rehabilitation/reconditioning program for injuries or illnesses sustained by athletes and students as prescribed by a licensed school physician. *E*

Provide health care information, advice and counsel to students, athletes, parents and coaches on matters pertaining to the physical, psychological and emotional health and well being of the competitive athlete and student. *E*

Promote athletic training as a professional discipline; assist in providing instruction in athletic training and sports medicine. *E*

Evaluate and monitor team practice sessions conducted by instructors and coaches for proper conditioning and safety precautions; assist in properly fitting and maintaining protective sports

equipment. *E*

Provide in-service training to full and part-time coaches in the area of prevention and care of injuries, emergency care and treatment to students and athletes. *E*

Coordinate off-season physical conditioning programs for individual athletes related to the physical requirements of specific sport activities. *E*

Communicate and coordinate emergency care and treatment of injured athletes with community-based emergency care personnel and transport teams. *E*

Operate variety of equipment used for providing first aid, emergency care and rehabilitative/conditioning therapy.

Perform related duties as assigned.

### **KNOWLEDGE AND ABILITIES:**

#### **KNOWLEDGE OF:**

Basic components of an athletic injury/illness prevention program.

Physical examinations and health screening procedures.

First Aid and emergency care techniques.

Basic physical therapy and rehabilitation techniques and procedures.

Appropriate operation, care and maintenance of equipment assigned to the athletic training/sports medicine program.

Basic components of a rehabilitation/reconditioning program for athletic injuries and illnesses.

Proper fittings and maintenance of protective sports equipment.

Normal anatomical structures and physiological functions of the human body.

Principles and concepts of body movement.

Interpersonal skills using tact, patience and courtesy.

Record-keeping techniques.

Principles of supervision and training.

Oral and written communication skills.

#### **ABILITY TO:**

Supervise and train student athletic trainers in basic prevention, evaluation, rehabilitation, first aid and emergency care of athletic injuries.

Identify injury or illness risk factors associated with competitive athletics and team sports.

Evaluate injuries and illnesses and administer appropriate first aid and emergency care treatment.

Observe and take vital statistics.

Evaluate risk factors associated with athletic training and practice sessions.

Communicate effectively both orally and in writing.

Establish and maintain cooperative and effective working relationships with others.

**EDUCATION AND EXPERIENCE:**

Any combination equivalent to: Bachelor's degree with course work in physical education, athletic training, sports medicine, physical therapy or a related field and four years of athletic training experience or experience as a physical therapist working primarily with athletic and sports injuries and illnesses.

**LICENSES AND OTHER REQUIREMENTS:**

Possession of, or ability to obtain, a valid California driver's license.  
Possession of, or ability to obtain, a valid National Athletic Trainers Association Certificate.  
Possession of, or ability to obtain, a valid CPR Certificate.

**WORKING CONDITIONS:**

**ENVIRONMENT:**

Indoor and outdoor environment.  
Driving a vehicle to conduct work.

**PHYSICAL DEMANDS:**

Incorporated within one or more of the previously mentioned essential functions of this job description are essential physical requirements. The chart below indicates the percentage of time spent on each of the following essential physical requirements.

- |    |                               |    |                                      |
|----|-------------------------------|----|--------------------------------------|
| 1. | Seldom = Less than 25 percent | 3. | Often = 51-75 percent                |
| 2. | Occasional = 25-50 percent    | 4. | Very Frequent = 76 percent and above |

- 2 a. Ability to work at a desk, conference table or in meetings of various configurations.
- 3 b. Ability to stand for extended periods of time.
- 1 c. Ability to sit for extended periods of time.
- 4 d. Ability to see for purposes of reading printed matter.
- 4 e. Ability to hear and understand speech at normal levels.
- 4 f. Ability to communicate so others will be able to clearly understand a normal conversation.
- 2 g. Ability to bend and twist.
- 2 h. Ability to lift 50 lbs.
- 2 i. Ability to carry 50 lbs.
- 3 j. Ability to operate equipment used for providing first aid, emergency care and rehabilitative/conditioning therapy.
- 3 k. Ability to reach in all directions.

**HAZARDS:**

Potential exposure to bloodborne pathogens.

*This job description is intended to describe the general nature and level of work being performed. It is not intended to be construed as an exhaustive list of all responsibilities, duties and skills required of individuals so classified.*